

Seasonal Essential Oil Blends

Grandma's Cookies

3 drops ginger oil 2 drops clove oil 1 drop cinnamon oil

By the Fire

3 Grops cardamom oil 1 drop orange oil 1 drop cinnamon oil 1 drop clove oil

Carols in the Woods

l drop sandalwood oil l drop cedarwood oil l drop cypress oil l drop myrrh oil

PAIN REVEALED